

Your Journey to Finding Peace, LLC

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INTAKE ASSESSMENT FORM

Demographic Information

Date: _____ Name: _____ Gender: F M
Address: _____ City: _____ Zip Code: _____
Phone (Home/Cell): _____ Phone (Work): _____
Date of Birth: _____ Age: _____ Marital Status: _____
Guardian Name (if minor): _____ Relationship (to minor): _____

Family Members (who live in your household)

Name	Age	Gender	Relationship

Emergency Contact Information:

Name of Emergency Contact Name: _____
Phone 1: _____ Phone 2: _____ Relationship to Patient: _____
Current Employer: _____ Work Phone #: _____
Occupation/Job title: _____ Length of time with this employer: _____

Insurance Information:

Primary Insurance: _____ Insurance policy holder: _____
Insurance policy number: _____ Policy holder SS#: _____

I hereby assign to Your Journey To Finding Peace LLC, all benefits payable under the terms of my insurance policy listed above. I realize that I am responsible for any expenses incurred in the collection of outstanding balances not covered by insurance attorney. Payment is due at the time of service.

Client Name (printed)

Therapist Name (printed)

Client/Guardian Signature Date

Therapist Signature Date

Current Providers:

Primary Medical Doctor: _____ Phone: _____

Psychiatrist or other behavioral Health Specialists: _____ Phone: _____

Presenting Problem, including, onset, duration: _____

Precipitating Event (why treatment now): _____

Target Symptoms: _____ Frequency/Duration: _____

Symptom #1: _____ Symptom #2: _____

Symptom #3: _____ Symptom #4: _____

Please indicate how the issue(s) for which you are seeking treatment are affecting the following areas of your life:

Marriage/Relationship:

No effect Little effect Some effect Much effect Significant effect Not applicable

Family:

No effect Little effect Some effect Much effect Significant effect Not applicable

Job/school performance:

No effect Little effect Some effect Much effect Significant effect Not applicable

Financial Situation:

No effect Little effect Some effect Much effect Significant effect Not applicable

Physical health:

No effect Little effect Some effect Much effect Significant effect Not applicable

Anxiety level/nerves:

No effect Little effect Some effect Much effect Significant effect Not applicable

Mood:

No effect Little effect Some effect Much effect Significant effect Not applicable

Eating habits:

No effect Little effect Some effect Much effect Significant effect Not applicable

Sleeping habits:

No effect Little effect Some effect Much effect Significant effect Not applicable

Sexual functioning:

No effect Little effect Some effect Much effect Significant effect Not applicable

Risk Assessment:

Suicidal Ideation – select and describe in comments section

- None Thoughts Frequency Plan with Intent
- Attempt (most recent) _____

Comments: _____

Homicidal Ideation – select all that apply and describe in comments section

- None Thoughts only Frequency of thoughts _____
- Plan Intent Means Attempt

Comments: _____

Select one:

- | | | | |
|--|--|--|--|
| <input type="checkbox"/> Abused as a child | <input type="checkbox"/> Agoraphobia | <input type="checkbox"/> Alcohol use Alcohol abuse | <input type="checkbox"/> Anger |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Appetite | <input type="checkbox"/> Being a parent | <input type="checkbox"/> Bowel trouble |
| <input type="checkbox"/> Career choices | <input type="checkbox"/> Children | <input type="checkbox"/> Concentration Confidence | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Divorce | <input type="checkbox"/> Drug/use abuse | <input type="checkbox"/> Eating problem | <input type="checkbox"/> Education |
| <input type="checkbox"/> Energy (hi/how) | <input type="checkbox"/> Extreme fatigue | <input type="checkbox"/> Fears | <input type="checkbox"/> Fetishes |
| <input type="checkbox"/> Finances | <input type="checkbox"/> Friends | <input type="checkbox"/> Guilt | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Health issues | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Inferiority feelings | <input type="checkbox"/> Loneliness |
| <input type="checkbox"/> Memory | <input type="checkbox"/> My thoughts | <input type="checkbox"/> Making | <input type="checkbox"/> Marriage |
| <input type="checkbox"/> Nervousness | <input type="checkbox"/> Nightmares | <input type="checkbox"/> Obsessive thinking | <input type="checkbox"/> Overweight |
| <input type="checkbox"/> Painful thoughts | <input type="checkbox"/> Panic attacks | <input type="checkbox"/> Others: _____ | |

Risk Factors

Have you ever experience abuse in your life (please select all that apply)

Domestic Violence/intimate partner:

- Physical Abuse Child Abuse Sexual Abuse Emotional Abuse

History of multiple behavioral diagnosis (please check all that apply)

- Eating Disorder Other (describe) _____

Medical/Behavioral Health History

Have you ever had a Mental Health Diagnosis? Yes No

(Depression, Bipolar, etc) (if yes, please describe)

Past Psychiatric History (Mental Health and Chemical Dependency)

* Have you ever received In-Patient Psychiatric Treatment? Yes No Psychiatric Hospitalizations:

When and Where?

Prior Outpatient Therapy

Name of therapist: _____ Dates of treatment: _____

Are you currently receiving any type of Mental Health Treatment? Yes No

Medications:

Are you currently taking any medication (prescribed or over the counter) (s)? Yes No

Name	Dosage	Frequency

Family Mental Health or Chemical Dependency History:

Does anyone in your family have a Mental Health or Chemical Dependency history?

Allergies (adverse reactions to medications/food/etc.)

Support Systems:

Whom do you turn to for support? _____ School/Work Life: _____

Legal History:

Do you have any current or past legal issues?

Substance Abuse History (complete for all patient age 12 and over) select that all applies:

Frequency _____ First Use _____ Last Use _____

- Caffeine Tobacco Alcohol Marijuana Opioids/ Narcotics Amphetamines
 Cocaine Hallucinogens Others: _____

Developmental History:

Milestones met early late normal _____

Client's Signature: _____ Date: _____

Therapist Signature: _____ Date: _____